

Join a transformative experience with Art of Jin Shin and Wayne Hackett!



THE ART OF JIN SHIN: INTRODUCTION TO THE PHILOSOPHY AND APPLICATION PHASE ONE

SAN DIEGO, CA May 14-17, 2026 9:00-5:30

Immerse yourself in the philosophy and application of the Art of Jin Shin in this 4-day class, taught by Wayne Hackett, an instructor with over 47 years of experience and Chairperson of the Jin Shin Guild.

Receive 8 sessions per student (morning and afternoon each day)

DATE	LOCATION	COST
MAY 14-17, 2026	Marina Village Conference Center 1936 Quivera Way San Diego, CA 92109	Early Bird \$500 Standard \$550 Includes a text book

REGISTRATION AND INFORMATION

Lisa Gritton | JSJSD@ME.COM | (619) 252-5675

Linda Jimenez | lindak2005@sbcglobal.net | (619) 813-9653

ART OF JIN SHIN: INTRODUCTION TO ITS PHILOSOPHY AND APPLICATION – PHASE I

During these 4 days, you will learn the basics of this ancient art and discover how it restores energy balance through simple yet powerful sequences. You'll be introduced to the essential principles of Jin Shin and guided in their application, so that you can immediately start practicing on yourself and others to integrate Jin Shin into your daily life. This workshop will equip you with practical tools to promote your own health and well-being, and support you in helping others to lead happy, healthy lives. Whether a beginning student experiencing the art for the first time or a student for many years, you will benefit from this transformational learning experience. In addition to study periods and open conversations, students will enjoy daily sessions, in the morning and afternoon, for a total of 8 sessions per person throughout the class. Certificate of attendance given after completing the class. This is a unique opportunity to learn from literally the most experienced Jin Shin instructor in the world that is still teaching.

About Wayne:

Wayne met Mary Burmeister on November 14, 1977, and Jin Shin has transformed his life ever since. He was one of four instructors originally selected and trained directly by Mary, and since 1990 he has been teaching and sharing this art, inspiring thousands of students around the world. His classes stand out for their dynamic and accessible approach that invites students to discover and feel the mystery of numbers and planets as tools to achieve a happier and healthier life and body. With his approachable style and inspiring presence, Wayne not only transmits knowledge, but offers a unique and transformative experience for those who have the privilege of learning from him. Wayne currently lives on the island of Kauai, Hawaii, where he continues to study and maintains a private practice of the Art of Jin Shin.

Limited spaces available – reserve yours today!

Don't miss this opportunity to join us for 4 days of study and practice with the most experienced Jin Shin instructor in the world.

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